



JOURNEY MEXICO

## Sayulita

### INTRODUCTION

Nestled in the Sierra Madre Occidental, the Riviera Nayarit is synonymous with abundance. Frequent summer rains result in fertile land, which produces a wide variety of tropical fruits. Coconut, banana, tamarind and petacon mango trees are found everywhere, and their fruits are eaten in cocktails, natural juices and sweets.

The shores of this paradise, washed by the waters of the Pacific Ocean, are home to a large marine wealth. Here, fishermen fish daily for dogfish, sea bass, snapper, marlin, shrimp and oysters, among other marine animals. If you want to learn about the taste of the bottom of the sea, go to a palapa or restaurant whose specialty is seafood. You will find them everywhere!

The star of Nayarit cuisine is undoubtedly the pescado zarandead (tossed fish). This Nahuatl delicacy coming from the Mexcaltitan island is mainly prepared with snapper, sea bass or golden cod, all of them, when exposed to heat release a delicious juice. They are marinated with lemon sauce, soy sauce and chili and are smoked over mangrove wood. They are decorated with slices of onion, tomato and cucumber, and are served with fresh tortillas.

If you prefer a cooler dish to shield yourself from the heat, be sure to order the aguachile. This dish consists of fine slices of raw shrimp marinated in lime juice, and also contains slices of red onion and serrano chili. It is eaten with corn tostadas. Do you want to try something unique? Order oyster enchiladas. To prepare them, the oysters are fried in olive oil with epazote, garlic and salt. Then, tomato sauce, serrano chili and cilantro are added, and they are served with fresh cheese. A delicacy you will not find anywhere else./visitmexico.com



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## RESTAURANT RECOMMENDATIONS

### CHOCOBANANA

**Location:** Delfin 14, Centro

**Reservations:** Not necessary

**Hours:** Daily 7:00 am-5:30 pm

Mexican Traditional

**Phone:** 329/ 291 3051

**Credit Cards:** AE, MC, V

In its present location for the past 10 years Choco Banana offers the community of Sayulita a gathering place to enjoy new and old friends. The local Sayulita residents go to Choco Banana for Eve's fresh home baked goods, the great environment, the best coffee in Sayulita, and the expansive menu. The menu offers a variety of breakfast dishes, including the best French toast around. Vegans and vegetarians in Sayulita can choose from multiple menu items, including soy products. For a cool snack try one of the great 100% fruit smoothies, or a tasty frozen mocochino.



### LA RUSTICA

**Location:** Revolucion 40, Centro

**Reservations:** Not necessary

**Hours:** Daily 5:00 pm-11:00 pm

Italian

**Phone:** 322/ 100 7379

**Credit Cards:** AE, MC, V

La Rustica is located in heart of the little town of Sayulita. Its specialty is the traditional wood fired pizza but its offering includes fresh salads and pastas. This place has a really comfy and casual ambience made by its modern design and the friendly service. If you're craving rustic, delicious and handmade Italian food made with the best ingredients, La Rustica is the place to be in Sayulita. The bar has an outstanding selection of craft cocktails, and we serve delicious, local craft beers.



## DON PEDRO'S

**Location:** Marlin 2, Centro  
**Reservations:** Recommended  
**Hours:** Daily 9:00 am-11:00 pm

From the onset of their experience in Sayulita, Damien and Nicholas the Chefs and owners of Don Pedro's, have always believed in improving the quality of life for the locals who call this place home. They financed the restoration of the malecon and fortification of the beach area. The restaurant is nestled on Sayulita's golden beach and guests delight in an unforgettable dining experience while surfers ride gentle waves in full view. Now, with the addition of the new beach patio and bar, the view is even better and the dining more enjoyable.



## GUSTO

**Location:** Delfin 20, Centro  
**Reservations:** Recommended  
**Hours:** Tuesday through Sunday 12:00 pm-12:00 am / Closed on Monday

Started and run by Daniel and Giusy a young Italian couple from Milan, Gusto is located in the magical Plaza of Sayulita and opens its kitchen to those who want to feel at home. Whether you are looking to have a romantic dinner in a nice ambiance or just a glass of wine, this is the right place to visit. This little Italian restaurant offers a great selection of fine Italian wines and gives you the pleasure of the traditional crafts of Italian cuisine. Along with locally sourced produce, Gusto restaurant uses many products imported from Italy and, when possible, fruits from their own garden.



## THE REAL FISH TACO

**Location:** Jose Mariscal 13, Centro

**Reservations:** Not necessary

**Hours:** Daily 12:00 pm-10:00 pm

Mexican Seafood

**Phone:** 329/ 291 3272

**Credit Cards:** AE, MC, V

This is commonly known as the best fish tacos on the Pacific Coast. The Baja style fish tacos are the staple of this restaurant and certainly a treat whether you join for lunch or dinner. Once you have tasted the tacos, make sure not to miss the rest of the specialty menu filled with fresh seafood, and even a few meat dishes. Sayulita Fish taco offers many other fresh seafood menu items, as well as nightly specials, depending on what the fisherman bring in. You will almost always find the bar crew interacting with the clientele, and they will always be laughing.



## SAYULITA CAFÉ

**Location:** Revolucion 37, Sayulita

**Reservations:**

**Hours:** Tuesday through Sunday 9:00 am-11:30 pm

Mexican Traditional

**Phone:** 322/ 140 0018

**Credit Cards:** AE, MC, V

Sayulita Café is also called the house of the chile relleno by its local and foreigner fanatics. Miguel Muro is the proud Chef behind this Mexican restaurant in the center of the town. If you are looking for a romantic dinner with candles or casual drinks with friends this is the right spot. This restaurant offers locals and visitors an incredible and authentic Mexican dining experience. A full bar with a plentiful wine and crafted beers list is available. Make sure to try one of the famous margaritas while you wait to be seated.

